

T R A V E L I N G F R I E N D

Fall · 2011

“Seeking God
daily with
integrity,
simplicity,
equality &
peace.”

Cincinnati Friends Meeting • 8075 Keller Rd., Cinti., OH 45243 • 513.791.0788 • www.cincinnati-friends.org

Friends of the Past: A History of the Meeting

On March 16, 2015, Cincinnati Friends Meeting will be celebrating its 200th anniversary. To commemorate that event, Sabrina Darnowsky is writing a new history of the Meeting, which will include profiles of Friends from the past. Over the next several issues, the *Traveling Friend* will be sharing those profiles with you. Sabrina Darnowsky's profile on Christopher Anthony, one of the founding fathers of the Cincinnati Monthly Meeting, is featured on pages 6-7.



Orthodox meeting house- early 1900's

Minute on Religious Persecution

*Approved at Cincinnati Friends Meeting for Business
10th Month, 9th Day, 2011*

Cincinnati Monthly Meeting of the Religious Society of Friends notes with sadness the conflict between Coptic Christians and Muslims in Egypt. New media have reported that since 2010 this conflict has led to violence perpetrated by both Coptic Christians and Muslims against each other.

Remembering that 17th century Friends “ministered without prejudice to Protestants, Catholics, Jews, and Moslems [sic]” (page 11), and

Recognizing that the “steadfast insistence [of early Friends] on the right of the freedom of conscience, peaceable assembly, and worship did much to gain religious liberty for citizens of both England and America” (page 38), and

Agreeing “That conscience should be free, and that in matters of religious doctrine and worship man [sic] is accountable only to God, are truths which are plainly declared in the New Testament” (page 128), and

Acknowledging that “Friends regard the state as a social instrument to be used for the cooperative promotions of the common welfare” (page 39),

We feel led to reaffirm our spiritual commitment to religious liberty and to the right of all religious people freely to worship and practice their religious principles, so long as that worship and practice does not infringe on the religious liberty of others, and does not imperil the lives, health, and economic welfare of others.

We further affirm that it is the responsibility of just governments to encourage and support religious liberty and the right to worship and practice religious principles according to conscience.

Note: All quotations taken from Faith & Practice of Wilmington Yearly Meeting of the Religious Society of Friends, 1977.

Barney Girls Grateful for Quaker Camping Experience

Dear Meeting,

I would personally like to say thank you for sending me to Quaker Knoll this year. It was a fun and very educational experience.

What I enjoyed most was meeting Quakers from all over. I met Friends my age from California, Maine and even some doing mission work out of the country. I also enjoyed going to the Freedom Center, where I learned interesting things about my Quaker heritage. We also did lots more, from attending a Reds' game to serving in a soup kitchen.

It was such a great experience to be able to attend this Triennial and I thank you guys very much!

Autumn Barney



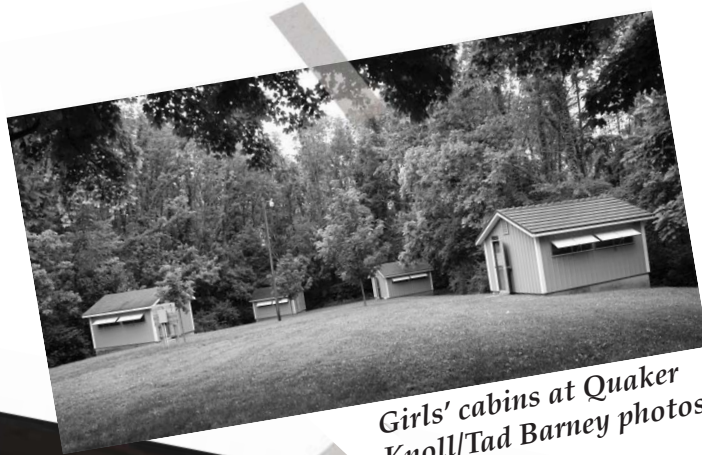
Lily Barney and her cabin mates

Thanks to Cincinnati Friends, I went to go to Quaker Knoll Camp this past summer. Also I got to go with my best friend, Sara. We had SO much fun!

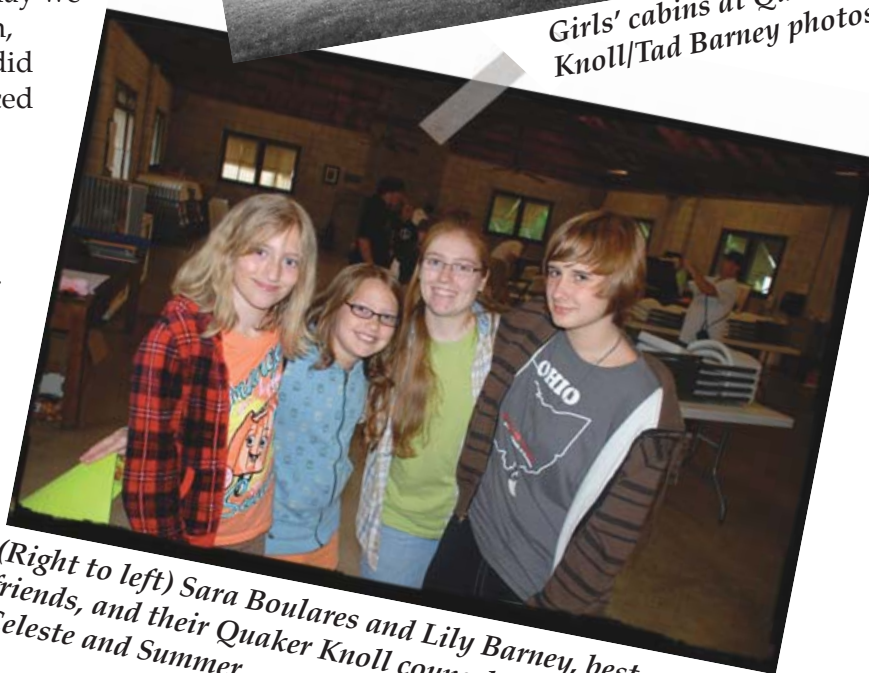
One exciting day we went to the Wilmington College Quaker Heritage Center. Then that day we went somewhere called "My Father's Kitchen." It's like a soup kitchen. We got to be waiters and waitresses. That was fun. Then that SAME day we went swimming at a lady's pool. The next day we played bingo and won some cool prizes. Oh, and one of my favorite things was that we did something called the Amazing Race. We raced around in different teams and found clues and my team "Yellow", WON! We got chocolate and fake money. And all through the week, whenever Betty pressed the lamb pen that went "Baa", you won a fake dollar. In the end you got prizes for how much money you earned. One last thing, I received an award for bringing life to the cabin and being a good piano teacher because one of my counselors, Celeste, I taught her piano. Thank you soooooo much for sending me.

Sincerely,

Lily Barney



Girls' cabins at Quaker Knoll/Tad Barney photos



(Right to left) Sara Boulares and Lily Barney, best friends, and their Quaker Knoll counselors Celeste and Summer

LETTER FROM THE EDITOR ~ *The Spiritual Nudge*

By Erin Schurenberg



Shortly before the invitation to be the CFM Communications Task Coordinator, I was pursuing a promotion at my clinic job. I work two different jobs. Three days a week, I serve as an "Office Manager" at a non-profit, spay/neuter clinic for cats. The clinic pace is fast and challenges are many. Being in peacefulness happens rarely. I drive to work in quiet with intentions every morning for calm. Then, I arrive at work where chaos typically reigns. My other job is subdued. I 'book-end' the clinic days by working at my parents' pneumatics distribution company. I usually work alone and the phone doesn't ring much.

Most agree, I was the most qualified candidate for the clinic promotion. Based upon spiritual lessons learned, I did pray for God's will for me in this pursuit. When the position went to someone else, I was peacefully accepting of my fate...for about three days. Then, I was offended. My ego took umbrage that they were hiring someone I would have to train, who had never worked at a clinic. Pride can be crafty and cunning. Luckily, my wounded ego dusted itself off and moved into acceptance fairly quickly. Within days of not getting that job, Jeff Arnold had left a voicemail offering the volunteer job. Frankly, I had no desire to do this nor to

add to my volunteer work. Quite simply though, I knew that the timing on this offer was a clear message to me as to what Spirit was asking me to do next. I stalled briefly, then said, "Yes."

Several years ago, I had a spiritual "A-HA!" I was reading books of a spiritual nature. Many examined the way God moved in the lives of Biblical characters. I had specifically been reading about Joseph, the one of the colorful cloak and many brothers. What struck me profoundly about Joseph's story is that when one says 'yes' to God, even when you may not want to, even when you have other plans, you tend to later realize the positive and often profound impact of that decision. And you have no regrets in hindsight.

I have been thankful almost daily for keeping the status quo with my employment. I think very highly of my new boss. I value the commitment, talent and energy she brings. As a result of where I now find myself, I am growing inwardly from the research I am doing on past issues of the *Traveling Friend* and Quaker topics.

Pauletta Hansel was the former editor for the *Traveling Friend*. She is extremely talented in communications. She is a phenomenal poet as you will hear if you attend her reading at CFM on December 4th. To take on the coordinator job on her heels is intimidating. To miss my first deadline as the new TF editor is embarrassing. However, there's a saying, "God doesn't call the prepared, God prepares the called." Watch me play out the latter!

I thank Pauletta for both her previous tenure as the TF editor

and for her transition tips for editing the *Traveling Friend*.

I appeal to you the same as Pauletta did: "Please share with the Meeting! Please search within yourself, listening for the whisper, intuiting for the nudge, that might indicate that you, like me, are being called to participate more actively in the written forum, (or the social forum, or the committee forum, etc.) of our Cincinnati Friends community."

Email submissions to TF@cincinnati-friends.org or leave a copy in the TF mailbox in the library. Thank you.

Annual Christmas Eve Celebration

Cincinnati Friends Meeting will host its annual Christmas Eve Celebration on Saturday, Dec. 24 from 7:00-8:30 p.m. The celebration will include songs, readings, skits, and candlelight, followed by cookies and beverages in the Fireside Room. Come spend Christmas Eve with Friends. EVERYONE WELCOME!

Young Friends Game Night ~ Poetry Session

by Pauletta Hansel

March 4, 2011

I had the privilege of writing with the Young Friends earlier this year. As you will see from the following poems, there is much wisdom in that group. We hope you enjoy.

A Recipe for Us (Group Poem)

Compiled of Young Friends Writing by Pauletta Hansel

Mix together 2½ cups Quaker,
15 cups of imagination,
1¼ cup centering down,
a heaping potful of Love and Friendship,
a dash of community service
and 1 legit egg.
Stir till rather strange.
Fold in more gratitude,
an abundance of gratitude
for awesome friends and
finding joy.
Add a shake of happy sauce,
a magic word,
and a dash of musical powder.
Throw in a little luck.
Mix all ingredients together until
the solid jubilation of Young Friends is formed.
Bake at 90 degrees F in oven of friends until
slightly tan. Serve warm.

Recipe for James

15 cups of arithmetic
2 cups of Latin
½ cup adventurous
Mix together and add 15 cups of imagination
5 cups of (knowledge for) technology
Bake at 90 degrees F for a fun time.

Recipe for Seth

Mix ½ cup of Germany, ¼ cup of England
and ¼ cup Canada in a small bowl.
Add 4 tablespoons intelligence, 7 tablespoons fun
and 1 legit egg.
Stir till rather strange.
Add a shake of happy sauce
and a dash of musical powder.
Put in oven of friends until slightly tan
and spread with a teaspoon of charisma.

About Me ~ by Alley Leasure

Funny
a person that makes jokes
make people laugh
awesome friend
my friends call me hippy in our
group
kind Alley

Friends at our school
Hannah—awesome friend
Kelsey—my best friend
Carly—best friend / sister
Racheal—funny, awesome, friend
Jordan—short, funny, friend
person you would be friend
Mitcheal—carzy / smart
Josh—funny, tall, blue eyes, friend
Hanz—really weird
Fazhan—funny friend
All my friends are awesome.

Gone ~

by Hannah Strangarity

to My Mom

You were gone before I knew it
No time to say goodbye
I don't know why it happened
But only God Knows why.

Half of me is missing
Now that you are gone.
Wish that I could bring you back
With a magic word.

*Look for more poems in the next
issue...*

Peace & Social Concerns

A committee that has long been active and valued by many members of Cincinnati Friends Meeting is the Peace and Social Concerns Committee. This committee has the following members: Jean Crocker-Lakness, Clerk; Nan Hatch, Mary Peck, Jim Crocker-Lakness. In addition, the committee welcomed two new members this year: Karen Foster and Angela Ebner, and three more were approved as members of the committee at Meeting for Business on October 9: Chris James, Patti Moore, and Brett Moore. Some of the endeavors or projects which the Peace & Social Concern Committee has pursued for 2011 include:

KROGER CARDS: The committee continued selling Kroger gift cards which can be "loaded" at Kroger stores. The Peace and Social Concerns Committee then receives 4% of the amount that has been "loaded." So far this year, we have received a total of \$860.00. We have been able to donate \$200.00 to Charity Hope International, \$260.00 to the Loveland Food Pantry, \$200.00 to Friends Bringing Hope to help fund school fees for a blind girl in Kenya, \$100.00 to help support Luke and Angela's ministry at the Eco-Garden in Over-the-Rhine, and \$100.00 to Quaker Earthcare Witness (many of their brochures are in the lobby). A card may be purchased from Jean Crocker-Lakness for \$1.00 and loaded at any Kroger store.

COLLECTIONS: The committee has continued to collect afghans and stuffed animals for Hospice of Blue Ash and items for Bethany House. We held "Bucket Brigades" in November, 2010 and May, 2011, collecting enough

cleaning supplies to fill twenty buckets. The meeting has been very generous and the person in charge at Bethany House was "astounded at the outlay."

LITERATURE: The committee has organized the literature on Peace and Social Concerns to display in the lobby.

OUTREACH: The Committee has written articles for publication in the *First Day Bulletin* highlighting organizations to which the meeting has budgeted money.

STAMPS: The committee has sent a large box of stamps to a Meeting in California which sells them to benefit Right Sharing of World Resources.

BOX TOPS FOR EDUCATION AND CAMPBELLS SOUP

LABELS: The committee has collected these items to benefit the MOWA Choctaw Friends Academy in Alabama.

PEACE BRUNCH: The committee hosted the Cincinnati Peace Brunch on May 7. Four times a year interested individuals from historic peace churches (Friends, Mennonites, Brethren) (plus the Unitarians) meet to network and share concerns and activities related to Peace.

AFSC: The committee sponsored a visit and presentation by Karen Light from the regional office in Chicago and Migwe Kimemia director of the Dayton AFSC office on March 6.

MOST RECENTLY, the committee met with a group of members and attenders concerned with Coptic persecution and after a good deal of research, took the following minute on Religious Persecution to Meeting for Business.

Untitled Poem by Linda Daigle

Read in Meeting for Worship
at Cincinnati Friends MM
8th Month, 28th Day, 2011

Grass grows in the cracks
of the neighborhood church.
Way up high
this tuft of grass
speaks to me.

Begging me to look in all places
for life.

The lantern perches above
the paint-chipped wood doors
firmly closed yet—
yet there
is something about this church.

She beckons sans words
even as she lies barren;
light draws light.

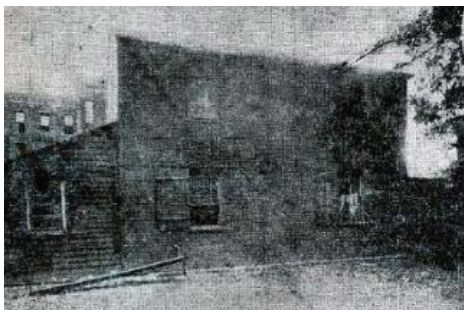
I yearn to enter.

No matter where I am,
help me Lord,

to be aware of your Spirit
and graciously be with others,
so they may know the Life
you bring, even as small
as a tuft of grass tucked
in a cracked building.

Sabrina Darnowsky's Profiles of the Past ~

by Sabrina Darnowsky



Meeting House ca. early 1900's- possibly built by the Hicksites

Christopher Anthony was born on March 24, 1744 in Virginia, when it was still a British colony. He grew up in a prosperous family on a large plantation that at one time included more than 20 slaves. The religious affiliation of his father, Joseph Anthony, is not known. His mother Elizabeth, however, was from a family with Quaker roots. Her sister, Sarah Clark Lynch, hosted Meetings for Worship in her home and eventually donated the land for South River Monthly Meeting's Meeting House in Virginia.

Although he must have been exposed to Quaker faith and practice from an early age, Christopher Anthony did not join South River Monthly Meeting until 1768 when he was 24 years old, already married to his first wife, Judith Moorman, and father to two children. A scant four months later he was appointed clerk, and by the time he was 25, he was made an elder, which included the responsibility of providing counsel, encouragement, and feedback to the meeting's ministers. When he was 33, Anthony himself was recorded as a minister.

Like Friends from centuries past,

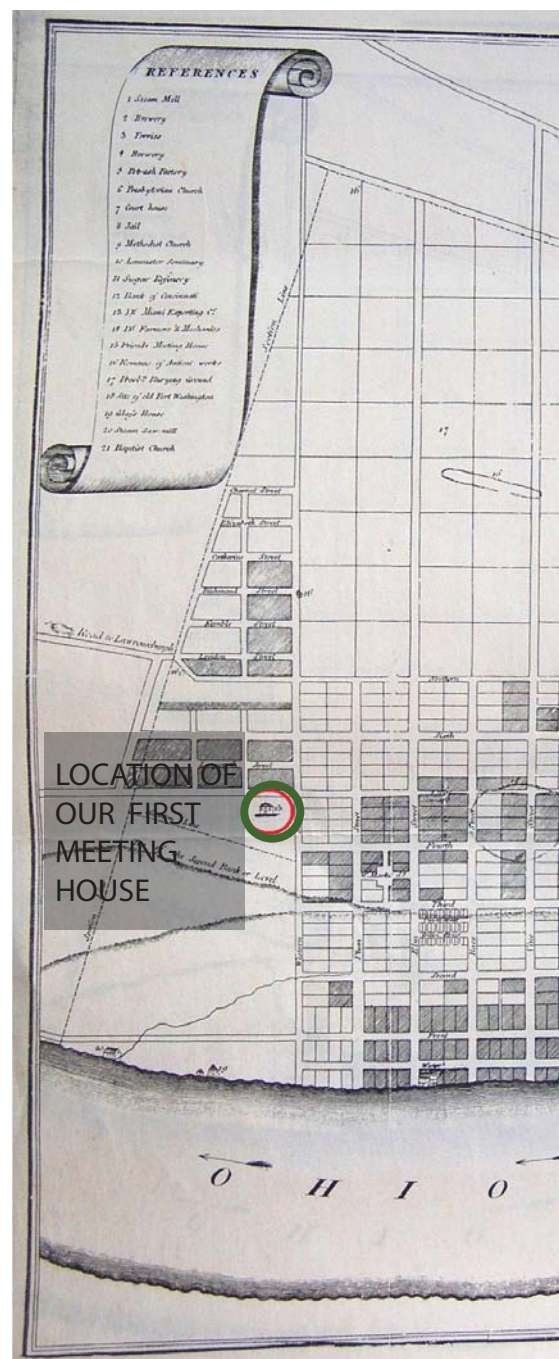
Anthony felt led to reach out to others beyond his own meeting. Within a year of being recorded as a minister, he began visiting Friends in nearby meetings in Virginia. Fewer than six months after that, he was given a minute to travel in ministry to North and South Carolina. Later, when Goose Creek Monthly Meeting was set off from South River Monthly Meeting, and Anthony's family became part of that meeting, he "went on a missionary trip to [visit] people 'not of our Society'." And in 1808, when Anthony was 63, he was granted a minute to travel to Pennsylvania, Tennessee, Kentucky, and Ohio. (While in Ohio, he might have taken the opportunity to visit his eldest daughter, Mary, who had moved to Ohio in 1807 with her husband, David Terrell III, and their seven children.)

According to Anthony's granddaughter, Mary P. Hart, "There were not many Friends in Cincinnati at that time, but those who were here had treated [him] very kindly and extended a great deal of hospitality to him." Anthony was "so pleased with Cincinnati, its surroundings and its people that he decided to make it his future home. As soon as possible after his return [to Virginia], he sold his place, gathered up his goods and made ready for his removal to this growing city."

The Anthony family traveled much of the way by carriage and horseback. "The household goods came in wagons and with them a family of negroes," wrote Hart. "The man was a descendant of a slave of grandfather's before grandfather joined the Society of Friends, at which time he set all his slaves free. Our travelers came in this way to the mouth of the Kanawha; here they took a flat boat and came down the Ohio. They arrived in Cincinnati on one Sunday

afternoon and found several Friends who knew of their expected arrival waiting at the wharf for them."

Anthony brought with him not only his second wife, Mary Jordan (who had been an elder and Clerk of the Women's Meeting at South River Monthly Meeting), but also



Map ca.1815- showing location of our first meeting house

Christopher Anthony (1744 - 1815)

three of his twelve children: 27-year-old Penelope, 22-year-old Rachel, and 20-year-old Charlotte. Anthony's 32-year-old daughter Hannah and her husband, John Davis, along with their four children, came to Cincinnati about a year later.



In 1813, Anthony was instrumental in helping Cincinnati Friends submit a request to Miami Quarterly Meeting that their own meeting be established and in obtaining their first Meeting House on Fifth Street. When Cincinnati Monthly Meeting became a Preparative Meeting in 1814, Anthony was one of several Friends who took turns making the three-day trip to Waynesville, Ohio, to report on their activities to Miami Monthly Meeting.

Sadly, Anthony died on October 27, 1815, fewer than eight months after Cincinnati Monthly Meeting was officially established as a monthly meeting of the Religious Society of Friends. However, his impact on the Meeting and on the Cincinnati community was felt for generations. His sons-in-law, Lot Pugh and Ephraim Morgan, helped found the initial First Day School for the Meeting. His grandson, George Pugh, became a U.S. Senator. His great-grandchildren, William H. Taylor and Anna M. Johnson, were both recorded ministers of this Meeting, and Taylor (who wrote the first history of the Meeting in 1899) was deeply involved in many of its philanthropic activities. Another great-grandchild, Hannah Davis Taylor, and her husband Murray Shipley helped found The Children's Home in Cincinnati. Few families have had as great an impact on the history of Cincinnati Monthly Meeting as that of Christopher Anthony, one of our founding fathers.

Next issue's profile: Micajah Terrell Williams (1792-1844)

ARPIL 2012

Donne & Alex Break Out the Passports

The Friends World Committee for Consultation (FWCC) is the umbrella organization for over 400,000 Friends around the world; its purpose is to encourage fellowship among all the branches of the Religious Society of Friends. The Quaker community circles the globe, spanning a rich diversity of regional cultures, beliefs and styles of worship, and FWCC programs unite Friends around the world through Spirit-led fellowship.

The largest worldwide conference of Friends since 1967 comes together for the 6th FWCC Conference from April 17-25, 2012, when approximately a thousand Friends will gather on the campus of Kabarak University, near Nakuru, Kenya. The theme of the conference is "Being Salt and Light - Friends Living the Kingdom of God in a Broken World." Friends will come from many parts of Asia, Africa, the Middle East, Europe, Latin America and North America, and their number will include the representatives from Wilmington Yearly Meeting: Donne Hayden and Alex Slotkin from Cincinnati Friends Meeting and JP Lund from Eastern Hills Meeting.

2012 Budget

Mary Ellen Krisher, Clerk of the Meeting

The task force made up of the Clerk of the Meeting, Trustees, Treasurer, Clerk of Ministry and Counsel and Clerk of Peace and Social Concerns Committee is working on the budget for next year. We would like to hear from our committee clerks and coordinators concerning the amount that you would like added to your line in the budget. Please take some time to consider the activities you have planned for the year and what financial support you will need from the Meeting to carry out your plans. Please let Mary Ellen Krisher know your projected figure by email or by putting it in the Clerk's mailbox in the meetinghouse library as soon as possible.

At Meeting for Business on Sunday, October 9, it was pointed out that the contributions and income from investments have not produced the funds to meet our budget for this year, so the Meeting approved that we use money from the Endowment

Fund to pay the outreach that has been budgeted for this year (2011), in the hope that contributions will come in before the end of the year and this money can be returned to the endowment.

Also at that Sunday's Meeting for Business, we approved adding a line in the budget to provide funding for the writing of our Meeting's history in preparation for celebrating the two-hundred-year anniversary of our Meeting in 2015. Funds will be added in the next four years to provide for the printing of the history and for a celebration to be planned by a committee to be appointed. (If you are interested in serving on this planning committee, please contact the Cincinnati Friends Meeting office.)

The 2012 budget will be presented to Monthly Meeting for Business on November 13 as a first draft. It will be presented for approval on December 11.

Thank you for your help in our planning for the Meeting's activities and outreach during the next year.

POETRY READING AT CINCINNATI FRIENDS

Poets Pauletta Hansel and Michael Henson will read at Cincinnati Friends Meeting on Sunday, December 4, 2011 at 1 p.m.



Poets Pauletta Hansel and Michael Henson will read at Cincinnati Friends Meeting on Sunday, December 4, 2011 at 1 p.m. Pauletta Hansel, former editor of *The Traveling Friend*, is a poet, teacher and author of three poetry collections, *Divining*, *What I Did There* and *The Lives We Live in Houses*. Originally from the Appalachian Mountains of Eastern Kentucky, she has lived in Cincinnati since 1979. Pauletta leads poetry programs at Grailville in Loveland and various other places. She is a current editor of *Pine Mountain Sand and Gravel*, the literary publication of Southern Appalachian Writers Cooperative. Pauletta received her MFA from Queens University of Charlotte.

Michael Henson is author of the poetry collections *Crow Call*, *The Tao of Longing* and *the Body Geographic*, and the *Dead Singing*, plus two works of fiction, *Ransack* and *A Small Room With Trouble on My Mind*. *Tommy Perdue*, a short novel, is due out in 2012. His poems, stories, essays, and reviews have appeared in several journals, including *Friends Journal* and *Rock and Sling* and in *Smaller Than God: Words of Spiritual Longing* and other anthologies. He is a frequent contributor to *StreetVibes*, the newspaper of the Greater Cincinnati Coalition for the Homeless. He is a member of Eastern Hills Friends Meeting in Cincinnati, Ohio.



SERVING at Tender Mercies

DATES TO SERVE

December 15

February 9

April 12

June 14

August 16

TENDER MERCIES is a housing facility located in downtown Cincinnati at 27 West 12th Street which exists to serve homeless persons with histories of emotional or mental disabilities. Tender Mercies provides its residents with housing and related services. The organization relies heavily upon volunteers, particularly for providing meals for the residents.

If you want to make a positive impact in the lives of people, to feel that you have helped them in a tangible way, if you have empathy for people who struggle with mental illness, then you are invited to join in service on the CFM Tender Mercies projects.

Karen Foster is the Task Coordinator for the Tender Mercies projects. She is happy to answer questions about what is involved with volunteering on these meal projects. Amateur cooks, gardeners, shoppers or anyone with enthusiasm for helping serve others are encouraged to help. The time investment is typically one evening or even less. You can prepare the food that will be taken the facility. You can provide the beverages for the meal. You can help transport the meal from the Meetinghouse to the facility. Typically, transporters also serve

the dinner. Any combination of help in these areas is of course welcome.

The diners average sixteen people so meal portions should serve this number. Think of it as a trial run for a Thanksgiving gathering although the main dish need not be turkey. Main dishes can be 'macaroni & cheese', stew, meatloaf, chicken or a yummy vegan dish. We also provide a salad with dressing or a vegetable, drinks, bread, sandwich meat & cheese, dessert along with utensils and napkins. If you want to tackle the whole meal, that would be fantastic, but you can also commit to just one portion of it.

Typically, a sign-up sheet is kept on the bulletin board in the entryway of the Meetinghouse but as the time for the meal delivery draws near, you may observe Karen Foster or another committee member from Peace & Social Concerns wandering around with a clipboard to ensure folks aren't missing out on opportunities to participate. If you sign up to serve the food, please be at Cincinnati Friends Meetinghouse by 5 pm to help load the food, beverages, utensils, etc. Depending upon the traffic, the average time for arrival at Tender Mercies is a half hour. Dinner for the residents is scheduled for no later than 6:00 pm. Servers set up a buffet line in the lobby of the building and serve the residents who take their plates to the tables in the common area. When most of the residents have finished eating, servers may pack up supplies and depart leaving any remaining food for residents. Friends are usually back at the meetinghouse by 7:00 p.m.

Go with the Flow

In 2011, Cincinnati Friends restructured its committees. Some committees remained as established while other committees were "laid down," and their work assigned to a "Task Coordinator," who will be responsible for finding people to do certain tasks as they are necessary. Task Coordinators serve a one-year term, renewable up to six years.

The following are the new Task Coordinators for 2011/2012:

- Communications:

Erin Schurenberg

- First Day School: Mary Louit

- Flowers & Cards: Mary Peck

- Hospitality & Kitchen: Nan Hatch

- Library: Joan Effertz

- Music: Suzanne Johnson

- Tender Mercies: Karen Foster

- Ushers & Greeters:

Valerie Shesko

The Committees that remain after restructuring are:

- The Board of Trustees: Fred Krisher, Clerk

- Ministry & Counsel: Barb Napier, Clerk

- Peace & Social Concerns: Jean Crocker-Lakness, Clerk

- Young Friends: Linda Daigle & Donna Kimmel, Co-Clerks

- Scholarship:

Mary Ellen Krisher, Clerk

- Nominating: Jeff Arnold, Clerk

- Burial: Cathy Barney, Clerk

Committee members serve three-year terms, renewable for a total of six years in succession. In addition to the Task Coordinators, the Committee Clerks and members, CFM continues to rely upon the folks who serve as Clerk of the Meeting, Recording Clerk, and other officers and representatives.

Young Friends at Permaganic ~ May 21, 2011

The Young Friends went downtown for a work day at the Eco-garden. In the first shot, Anglela Ebner is explaining the Eco-Garden and Permaganics to Dylan (from Community Friends), Rachel (YF leader), and Ben (Kimmel). In the second picture Luke Ebner and Ben and Rachel are working on the Smoothie cart.



CINCINNATI FRIENDS MEETING QUARTERLY CALENDAR OF EVENTS NOVEMBER - JANUARY

Ongoing First Day (Sunday) Activities

- Our weekly Meeting for Worship is at 11 a.m. each Sunday, preceded by a "Centering Down" discussion at 10 a.m., and followed by fellowship.
- A potluck follows each first Sunday Meeting for Worship Meeting (Nov. 6, Dec. 4, Jan. 1)
- Our monthly Meeting for Business follows the second Sunday (Nov. 13, Dec. 11, Jan. 8)
- Unprogrammed Meetings are held the fifth Sunday of the month. (Jan. 29)

Ongoing Monthly Activities

- Ministry and Council meets at 6:30 p.m. the first Wednesday of the month (Nov. 2, Dec. 7, Jan. 4)

CALENDAR OF OTHER ACTIVITIES

NOVEMBER

- 4 Young Friends Game Night, 6:30 p.m.
- 20 Quaker Conversation Group, 7 p.m.
- 27 Peace and Social Concerns Committee, noon

DECEMBER

- 2 Young Friends Game Night, 6:30 p.m.
- 4 Poetry Reading with Pauletta Hansel & Michael Henson
- 15 Tender Mercies, 5 p.m.
- 18 Quaker Conversation Group, 7 p.m.
- 25 Peace and Social Concerns Committee, noon

JANUARY

- 6 Young Friends Game Night, 6:30 p.m.
- 15 Quaker Conversation Group, 7 p.m.
- 22 Peace and Social Concerns Committee, noon

For updates to these and other events visit our website at www.cincinnati-friends.org. Contact spiritual nurture group leaders to find out if these are open to new members. For more information, please call the Meeting at (513) 791-0788.

For regional events of interest please see Wilmington Yearly Friends Calendar at: <http://www.wilmingtonyearlymeeting.org/node/2>

2011-2012 CINCINNATI FRIENDS MEETING ~ GROUPS

Turtlebox Stories

Facilitator: Cathy Barney

Times: Meets Weekly for 8 Weeks Oct. 20- Dec. 15, Thursdays 7:00pm- 8:30 pm at the Meetinghouse.

Description: Explore, process and share your personal spiritual journey in community, focusing on specific movements from pain to wisdom as we recognize God's call, in a safe place via nurturing queries, meditations, journaling, images and discussion. The intention is to live Cathy's book in community with a set structure, but plenty of room for Spirit, experimentation and organic play. As she helps nurture you, your participation will nurture her work. The possibility exists to extend the group or offer another session for the other eight book chapters.

Turtlebox Stories combines words and images that document Cathy's spiritual journey and is drawn from the artful turtlebox created to hold others' stories of the divine and symbolizes that place within where we can meet the Source. It is, at once, the author's story as an example and also readers' as they engage and create their own turtlebox via nurturing prompts. There is a universality in our individual experiences on which Turtlebox Stories draws.

Cathy has led nurture groups at CFM since 2001, completed Philadelphia Yearly Meeting's School of the Spirit in 2006 and has facilitated nurturing workshops at The Gathering, Ohio Valley Yearly Meeting annual session, at CFM and Community Friends. She took a break to teach First Day School, but is anxious to "test" her current creative calling in this nurture group.

Please call or e-mail her with any questions. cathybarney@hotmail.com or (513) 576-6265.



Cathy Barney's Turtlebox Stories nurture group: (left to right) Katie Heape, Linda Daigle, Jeff Arnold, Cathy Barney (& Donne Hayden behind the camera)

Quaker Conversations

Facilitator: Dean Gardner

Topic: *Rediscovering Values: On Wall Street, Main Street, and Your Street* by Jim Wallis. For more information, contact Dean Gardner at quakerzilla@gmail.com or 859-250-7713, or Donne Hayden at cfmpublicfriend@gmail.com or 513-207-5353.

All Friends are Welcome to Join the Conversation.

Quakerism 101

Facilitator/Teacher: Donne Hayden

Times: Day and time to be determined by group

Description: Following the Quakerism 101

curriculum designed by Philadelphia Friend, Shirley Dodson, we will explore together what it means to be a Quaker. This course involves a good deal of reading: *Friends for 350 Years* by Howard Brinton is the main text, and there are readings from various other sources (on hand outs). To sign up, contact Donne at 513-207-5353 or dhayden@cincinnati.friends.org

Friendly Films

Facilitator/Teacher: Donne Hayden

Times: Day and time to be determined by group

Description: One evening a month, gather to watch movies with f(Friends). We can begin with a pithy documentary or a short film from the Spiritual Cinema Circle (SCC) which claims "All our movies are carefully chosen to provide genuine nourishment for the heart and soul, a much-needed nutrient at a time when more and more Hollywood movies are violent, profane and devoid of meaning. Our movies inspire wonder, insight, deep feeling and transcendence. Above all, they make you feel better about being a human being." Since the SCC films range in length from 95 minutes to 10 minutes, we could watch & discuss two or three shorter films all in one evening. Sharing other films chosen by group members is an option, too.

The Traveling Friend is a regular publication of
CINCINNATI FRIENDS MEETING
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Contributions of writing, poetry, art,
photographs, etc., are welcome ANYTIME.

Deadlines are:

- December 15/ winter issue
- March 15/ spring issue
- June 15/ summer issue
- September 15/ fall issue

Please e-mail them to tf@cincinnati-friends.org (preferred) or place them in the TF mailbox, located in the Meetinghouse library. If sending articles, please do not hit the space bar twice after periods, though we understand old habits die hard. As a viable part of the Cincinnati Friends community, we rely on your generosity in supplying the Traveling Friend with material. Don't be shy. We relish submissions from all ages and interests!



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